



**Better Solutions. Better Care.**

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## Pharmacist to recommend BHRT dosage: Female

**Dear Healthway Pharmacist:**

**Please recommend BHRT dosage for the following patient:**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient phone: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Date of last menstrual cycle: \_\_\_\_\_

Hysterectomy: ☐ Yes ☐ No      Ovaries Removed: ☐ Yes ☐ No

History of: ☐ Blood clots, ☐ Gynecologic Cancer, ☐ Other Cancer

Current Hormone Replacement Therapy: \_\_\_\_\_

Hormone Levels if available (Estradiol, Dhea-s, Testosterone, and Progesterone, Vit D, Cholesterol) are attached

-will be faxed to Healthway Pharmacy when received.

Patient has the following issues: (Rank in order of importance)

_____ Acne	_____ Low Libido
_____ Arthritis	_____ Night Sweats
_____ Breast Tenderness	_____ Sleep Disturbances
_____ Fibrocystic Breast	_____ Uterine Fibroids
_____ Fluid Retention	_____ Vaginal Dryness
_____ Headaches	_____ Other _____
_____ Hot Flashes	_____

Prescriber (print/sign) \_\_\_\_\_

Fax: \_\_\_\_\_

**\*\*Once this sheet and hormone levels have been sent to us, please allow up to 4 business days to receive a recommendation from the pharmacist. The recommendation will not be a prescription, unless approved and written by a prescriber.**