

**Healthway Compounding Pharmacy**

2544 McLeod Dr. N. • Saginaw MI. 48604 • 989-791-1691 • Fax 989-791-4603  
healthwayrx.com

Patient \_\_\_\_\_ DOB \_\_\_\_\_ DATE \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Allergies \_\_\_\_\_

All compounds for office use require a prescription written for each individual patient. Medication will be dispensed with patient specific label and in patient specific package.

**Most Frequently Prescribed Compounding Options for Primary Care (Page 1 of 2)**

**Arthritis & Muscle Pain**

**ABC Pain Formula Cream Based**  
Amitriptyline 2%/Baclofen 2%/Cyclobenzaprine 2%/Diclofenac 3%/Lidocaine 5%. In transdermal base.  
**Dispense:**  90ml  60ml  30ml (in 5 ml tubes).  
Sig: apply 1ml q 2 hrs to dermatome of painful area until pain is relieved then TID-QID PRN.

**ABC Pain Formula Roll on Liquid**  
Amantadine 2%/Bupivacaine 0.5%/Cyclobenzaprine 1%/Ketoprofen 10 % Dextromethorphan 1%. In Cutter's solution.  
**Dispense** (in roll on applicator)  
 90ml  60ml  30ml  
Sig: roll on q 2 hours to painful area until pain is relieved then TID-QID PRN.

**ABC Pain Sport Roll on Liquid**  
Diclofenac 3%/Lidocaine 2%. In Cutter's solution.  
**Dispense** (in roll on applicator)  
 90ml  60ml  30ml  
Sig: wet affected area twice daily and rub well

**ABC Alternative Formula Cream Based**  
Ketoprofen 10%/Lidocaine 10%/Gabapentin 6%  
**Dispense** (in 5ml tubes)  
 90ml  60ml  30ml  
Sig: apply 1ml q 2 hrs to dermatome of painful area until pain is relieved then TID-QID PRN.

**Arthritis & Muscle Pain cont'd**

Ibuprofen 20%, Piroxicam 1%  
Sig: apply pea size (1gm) to affected joint three times daily.

**Bio-Identical Option for HRT**

BiEst 0.1mg (Estriol 0.08mg +Estradiol 0.02mg), Progesterone 25mg, Testosterone 1mg/ml. **Dispense:** 30ml (thirty)

Sig: apply 1 ml daily to upper inner arm. Rub in well and wash hands thoroughly.

**Testosterone for Men- Transdermal Alcohol Gel**

50mg/ml  
 25mg/ml  
 Other \_\_\_\_\_  
**Dispense**  90ml  60ml  30ml  
Written Qty: \_\_\_\_\_  
Sig: apply to dry hairless area:  
 1 ml once daily in am  1/2 ml twice daily

**Reflux**  
Reflux Nutritional formula: Melatonin 6mg, Methylcobalamin 50mcg, Methionine 100mg, Pyridoxine 25mg, Betaine HCl 100mg, Folic Acid 10mg, Tryptophan 200mg.  
Sig: Take 1 po hs. **Dispense:**  30  100

**Other:** \_\_\_\_\_

Refills \_\_\_\_\_ Dispense Other \_\_\_\_\_

Prescriber Signature \_\_\_\_\_

Prescriber Name (Print) \_\_\_\_\_

Phone \_\_\_\_\_



**Fax Completed Form to Patient's Choice of Pharmacy or Healthway Compounding Pharmacy at 989-791-4603**

## Healthway Compounding Pharmacy

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 Home Phone \_\_\_\_\_ Allergies \_\_\_\_\_

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### **Most Frequently Prescribed Compounding Options for Primary Care (page 2 of 2)**

**Anal Fissures**

- Misoprostol 0.002%, Nitroglycerin 0.2%, Phenytoin 2%
  - Diltiazem 2%, Nitroglycerin 0.2% 30gm
- Sig: Apply pea size amount (1 gm) twice daily to affected area.

**Headache**

- Isometheptene mucate 65mg #60 Sig: 2 po at onset of headache. Repeat 1 po q1h prn up to 5 per 24 hrs.
- Prevmigra Mg 30mg, Vit B2 400 mg, Ca10mg, feverfew.(F3260) Sig 1 capsule twice daily .

**Chronic Otitis**

- Amphotericin B 75mg, Hydrocortisone 15mg, Chloramphenicol 750mg, Sulfanilamide 750mg, Boric Acid 1.59 gm
- Sig: Use 1-2 puffs in affected ear twice daily.

Other: \_\_\_\_\_  
 \_\_\_\_\_

**Hemorrhoids**

- I/O suppository (rectal rocket) Lidocaine 1%, HC 2% Sig: Insert 1 rectally at bedtime for 6 nights
- Hydrocortisone 2.5%, Ketoprofen 10%, Lidocaine 4% 30gm Sig: Apply pea size (1gm) amount to affected area twice daily.

**Psoriasis**

- Clobetasol 0.05%/Zinc Pyrithione Spray 120cc
  - Triamcinolone 0.1%, Urea 10%, Lactic Acid 5% Coal tar 3% cream (F8759)
  - Clobetasol 0.05%, Salicylic Acid 5%, LCD 4% topical solution 120 ml
- Sig: Apply to affected area twice daily.

**Recurrent Vaginosis**

- Boric Acid 600mg suppository
- Sig: Insert 1 vaginally daily
- Dispense: 30

**Onychomycosis (Nail Fungus)**

- Ketoconazole 2%/Tea Tree Oil/DMSO Antifungal Solution
- Itraconazole 1%/Undecylenic Acid 17% in Tea Tree Oil DMSO Nail Polish
- Terbinafine 1.67% in Tea Tree Oil DMSO Topical Solution

Refills \_\_\_\_\_ Dispense Other \_\_\_\_\_

Prescriber Signature \_\_\_\_\_

Prescriber Name (Print) \_\_\_\_\_

Phone \_\_\_\_\_



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